



VOCABULARY ILLUMINATED

Book 1, The Sun

- "Learn it. Use it!" Approach
- Engaging and Effective
- Beautiful Illustrations
- Diverse Real-World Themes

WRITING • COMPREHENSION • ORAL
GRAMMAR • VISUALS • LISTENING

45

**INTERMEDIATE
WORDS FOR TEENS**

VOCABULARY ILLUMINATED

Book 2, The Moon



- "Learn it, Use it!" Approach
- Engaging and Effective
- Beautiful Illustrations
- Diverse Real-World Themes

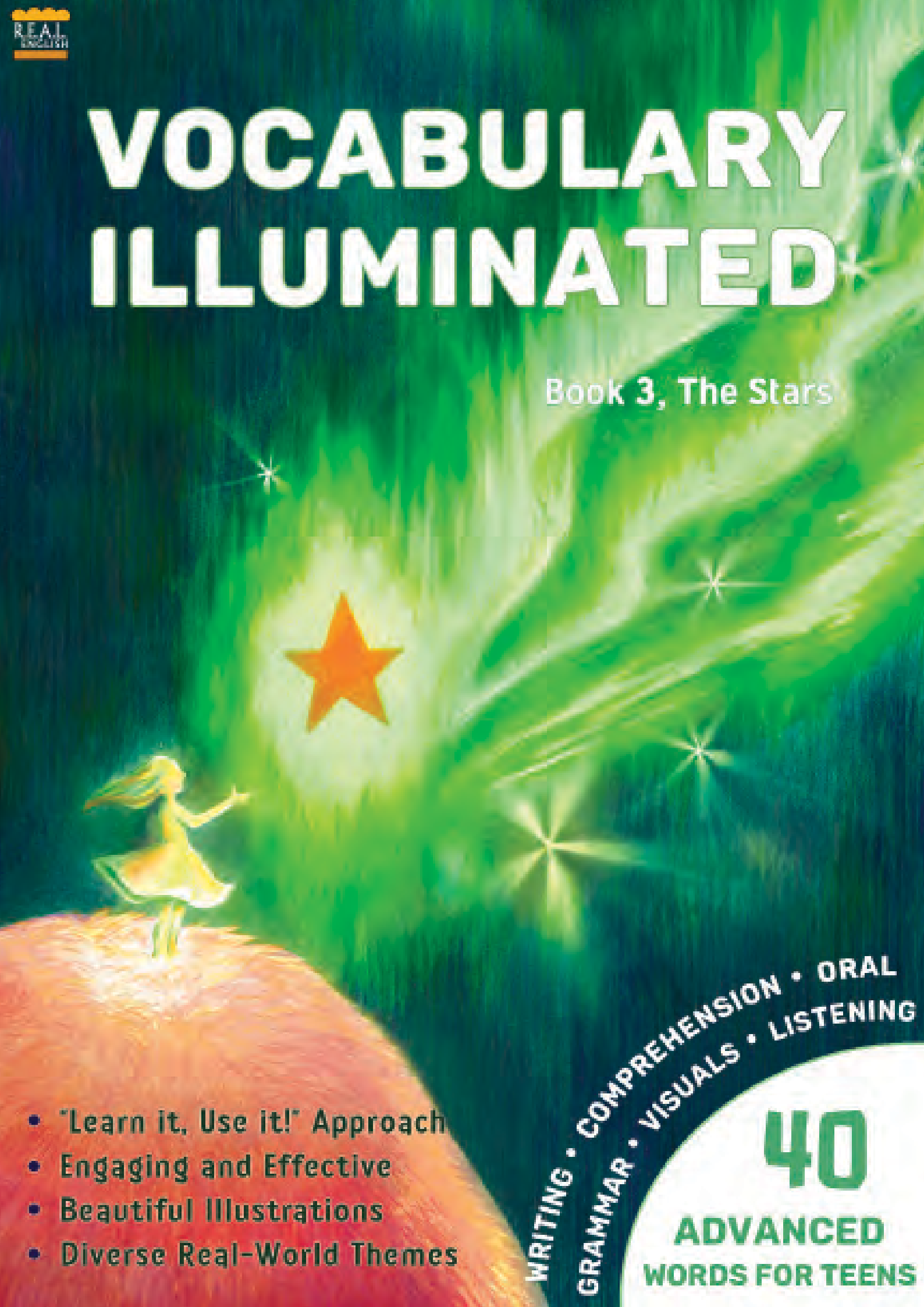
WRITING • COMPREHENSION • ORAL
GRAMMAR • VISUALS • LISTENING

40

INTERMEDIATE
WORDS FOR TEENS

VOCABULARY ILLUMINATED

Book 3, The Stars



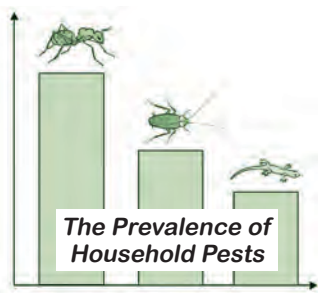
- "Learn it, Use it!" Approach
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WRITING • COMPREHENSION • ORAL
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40
ADVANCED
WORDS FOR TEENS

	Book 1, The Sun	Book 2, The Moon	Book 3, The Stars
Vocabulary	45 Intermediate Vocabulary Words	40 Intermediate Vocabulary Words	40 Advanced Vocabulary Words
Themes	<p>Adolescence</p> <p>Goals & Aspirations</p> <p>Food and Culture</p> <p>Friendships</p> <p>Technology</p>	<p>Sports and Health</p> <p>Family and Friends</p> <p>The Teenage Life</p> <p>Overcoming Adversity</p> <p>The Environment</p>	<p>Social Causes</p> <p>The Arts</p> <p>The Elderly</p> <p>Income Inequality</p> <p>Artificial Intelligence</p> <p>Social Media</p> <p>Cities of the Future</p>
Assessment Formats	Editing, Comprehension, Summary, Oral, Listening, Sentence Formation, Grammar Quizzes		
Language Skills	Vocabulary, Grammar, Syntax, Spelling, Paraphrasing, Commonly Confused Words		
Text Types	<p>Audio</p> <p>Short Story</p> <p>Article</p> <p>Diary Entry</p> <p>Graphic Text</p> <p>E-Messaging</p> <p>Poetry</p>	<p>Audio</p> <p>Short Story</p> <p>Article</p> <p>Posters</p> <p>Social Media Posts</p> <p>Web Forum</p> <p>Poetry</p>	<p>Audio</p> <p>Short Story</p> <p>Article</p> <p>Posters</p> <p>Social Media Posts</p> <p>Web Forum</p> <p>Spoken Word</p> <p>Animation</p>
Suggested Usage	12- to 14-year-olds	13- to 15-year-olds	14- to 17-year-olds

2 prevalent / prevalence



Have you observed any condition, attitude or phenomenon to be common in an area, or among certain groups of people? If you have, you could say that it is **prevalent**—or widespread. In Singapore, m _ _ p _ _ is _____ because children tend to spend more time indoors than outdoors. Likewise, the lack of physical activity can lead to weight gain, contributing to the growing **prevalence** of childhood o _ _ s _ _ .

1. “Is this even real?” asked Aloysius. “Deepfakes are so _____ these days—I’d be a bit more sceptical if I _____ (was/were) you.”
2. In this village, there remains a _____ _____ (belief/believe) that marriage to a good husband beats having a good education.
3. Changes in the brain during early a _ _ _ _ c _ _ _ _ (teenage years, B1) can partially explain why i _ _ _ t _ _ _ _ (impulsive, B2) behaviour is more prevalent _____ (among/between) teenagers, especially in the face of peer pressure.
4. _____ the COVID-19 pandemic led to an increase in the _____ of mental health issues, it also raised awareness _____ conditions like depression and anxiety, making us _____ empathetic towards those affected.
5. Despite _____

_____ (environment, indifference [B2], **prevalent**)
6. attribute to [B2], workplace accidents, **prevalence**

DISCUSS

Would you agree that a self-centred attitude is **prevalent** among young people these days?

COLLOCATIONS

- a prevalent view in society
- prevalent in many households
- an increasingly prevalent trend
- prevalent among newcomers
- the prevalence of vaping
-
-

3 marginalise / marginalisation / margins



Not everyone feels like they belong. Sometimes, people are alienated by the majority, and are pushed to the **margins** of society. For example, _____ old, _____ poor, and _____ disabled are groups of people we often **marginalise**—or exclude. Rather than recognise their value and contributions, we tend to see them as unimportant and prevent them from having more p_____ or influence in our society. People may face **marginalisation** for various reasons, including their g_____, ethnicity, religion, or economic position.

1. “See these benches designed to make lying down impossible?” said Shah. “They’re examples of how cities _____ the homeless and let them know they’re not w_____.”
2. Street dance _____ (originate) in the 1970s as a means of creative expression for _____ African Americans, many of whom _____ (are/were) not accepted into dance studios because of their race.
3. In Iran, a woman must seek permission from her male guardian if she wants to take up certain jobs or travel before a certain age. Such an archaic system _____ women and severely c _ _ t _ _ _ _ (restricts, B2) their ability to enjoy full and independent lives.
4. Discrimination _____ people living with HIV/AIDS remains _____ (widespread, pg 2). Apart from facing m_____ from their own communities, many are even _____ (shun) by their own families.
5. In a world that _____ (celebrate) the intellectually and p_____ gifted, people with disabilities are often relegated _____ the _____ of society.
6. Given that _____

_____ (online learning, lower-income household, **marginalise**)

DISCUSS

Name three groups of individuals who live on the **margins** of your society. In what ways are they **marginalised**?

COLLOCATIONS

- laws that marginalise women
- voices of the marginalised
- marginalised migrant workers
- on the margins of society
- face neglect and marginalisation
-
-

LEARN IT! #2

11 eradicate / eradication



To **eradicate** a problem is to get rid of it completely. Wouldn't it be nice to _____ disease from the face of the earth? Likewise, the **eradication** of poverty (or even bedbugs!) is a _____ that humanity should strive for.

DISCUSS

How can cities **eradicate** crime?

1. "Knowledge a _____ cannot _____ ignorance," said the sage. "True wisdom lies in understanding that the more we learn, the more we realise how much we _____ know."
2. C _____ in second on the charts, 'Fearless' is a podcast that will help you _____ anxiety and self-doubt so you can become the best and bravest version of _____.
3. Imagine if greed and self-centredness _____ (are/were) eradicated _____ the world—our environment would probably not be in p _____ (danger, pg 13)!
4. Unless COVID-19 is _____ from every continent, dangerous new variants will always remain a m _____ (threat, B1).
5. Following its ascension to power in 1933, the Nazi Party _____ (implement) policies aimed at m _____ (alienating, pg 3) Jews. Anti-Semitism _____ (reach) a harrowing peak during World War II, where Hitler _____ (seek) to _____ Jews by massacring them, resulting in a most tragic and shameful episode of human history.
6. Unless _____
_____ (eradicate, futile [B2], racism)
7. With _____
_____ (eradication, relentless [B2] blindness)

COLLOCATIONS

- eradicate bad habits
- eradicate world hunger
- a program to eradicate illiteracy
- eradicate the need for palm oil
- the eradication of racism
-
-

12 fervent / fervour



'Fervent' means intensely passionate! It can be used to describe people with very strong and sincere feelings or beliefs. For example, f_____ fans of a music group would enthusiastically purchase concert tickets and posters. On the other hand, a childless woman might fervently wish to c_____. In her **fervour** for a child, she might even put her own health at _____ by turning to unproven fertility drugs.

1. "Everyone _____ (desire/ desires) wealth," said Douglas. • devoting her life to those _____ the m_____ (fringes, pg 3) of society.
2. With a _____ determination to outpace his rival, • Bob made a dash for the f_____ line.
3. A _____ Catholic, Therese spends her days in orphanages and food aid centres, • "But the f_____ pursuit of it can sometimes cause us to make unethical d_____."
4. Nothing could match • _____ the horrific dog meat trade.
5. Our shelter works f _ _ v _ _ _ _ to rescue stray dogs • Johannes Brahms' Hungarian Dance No. 5.
6. _____ great f_____ and flair, the orchestra delivered a rousing _____ (depiction/ rehash/rendition) of • the f _ _ _ _ _ of the supporters, whose b_____ (energetic and loud, B1) cheers d_____ out the referee's whistles.
7. Despite _____
_____ (eradicate [pg 45], **fervent**)
8. Like _____
_____ (conservationist, **fervour**)

COLLOCATIONS

- a fervent artist and sculptor
- a fervent admirer of Taylor Swift
- fervent efforts to find a cure
- pray fervently for their safety
- could not dampen their fervour
-
-

DISCUSS

What explains the passion and **fervour** of cosplay enthusiasts?

USE IT! #1

Read the article and fill in the blanks before tackling the comprehension questions. You should use each word in the box only **once** and take care to present your responses in their correct grammatical form.

The Perils of Income Inequality



peril glaring gulf exacerbate obscene

By Adi Hendra

- 1 Jeff Bezos, founder of the online retail giant Amazon, earns an (1) _____ US\$8,961,180 an hour. On the other hand, ground staff toiling in Amazon's warehouses (2) _____ (make/makes/made) less than US\$19 in the same time, working in hazardous conditions that have led to high rates of injury. In recent years, such (3) _____
- 5 examples of inequality have been the focus of many heated debates. This is hardly surprising given that many countries (4) _____ (has/have/had) seen income disparities rise in the last three decades. While there is no single factor that might fully account

for the widening (5) _____ between the rich and the poor, increased automation, globalisation and climate change have been identified as key drivers, with the trend
 10 (6) _____ by the COVID-19 pandemic. Unfortunately, the (7) _____ of inequality cannot be overstated. Everyone (8) _____ (lose/loses) in an unequal society, including the rich, the poor, and those caught in between.

margins prevalent susceptible dwindling
 impoverished aggravate ramification staggering

The most conspicuous impact of deepening economic inequality is its profound
 (9) _____ for the poor. With (10) _____ incomes and scarce support
 15 from governments, those living on the (11) _____ may find the mere act of survival a (12) _____ (tall/short) order. In the Brazilian city of São Paolo, for example, inhabitants of the most (13) _____ neighbourhood are expected to die a
 (14) _____ 23 years earlier than the wealthy. The high stress levels associated with poverty also (15) _____ (mean/means/meant) that mental health issues such
 20 as depression and anxiety are more (16) _____ among lower income groups. (17) _____ these issues is the impact that poverty (18) _____ (has/have/had) on the younger generation. With inadequate nutrition and healthcare, children born into poverty are more (19) _____ to malnourishment and developmental delays. Furthermore, the lack of stable housing can also be traumatic, along with the
 25 discrimination that these children are likely to face in school. With families trapped in the cycle of poverty, countries lose whole (20) _____ (generation/generations) of workers—adults who would have been able to contribute significantly to their society (21) _____ (if/had) they grown up (22) _____ (by/through/with) better support.

contempt wariness detrimental hinder

Beyond the loss of human capital, creeping economic inequalities also work like slow
 30 poison on nations. Excluded from the benefits of the country's economic growth, individuals from disadvantaged backgrounds may feel frustrated and hopeless. Over time, they may become (23) _____ (less/more) patriotic, feel (24) _____ (less/more) confident of their governments and even develop mistrust towards their fellow citizens. In countries like India and the United States, the gaping rift between the rich and poor
 35 (25) _____ (has/have/had) led to highly fragmented societies where those of dissimilar backgrounds view each other with (26) _____, cynicism or even (27) _____. Unfortunately, a decline in trust and cooperation between members of a society is

Social Issues: Do You Care?

Practice 1

Study the poster (Text 1) and the excerpt from a website (Text 2) and answer Questions 1-4.

Text 1 is a poster about elder abuse.

You can end elder abuse

Recognise the warning signs:

- Isolation from friends and family
- Visible confusion or anxiety
- Sudden personality changes
- Unexplained bruises and injuries
- Suspicious banking activities

See It. Expose It.

1800-111-1599
Seniors Rights Hotline

Text 2 is an excerpt from the website of an organisation dealing with elder abuse.

At the SFCC Shelter, we recognise the elderly as a marginalised and vulnerable social group. Our most important work is to provide support for seniors who have suffered physical, psychological, or financial abuse. Since the majority of elder abuse cases happen behind closed doors, committed by trusted individuals like family members or paid caregivers, detecting it can be a challenge. The problem is exacerbated when society fails to take the complaints of seniors seriously.

Vocabulary Illuminated: Book 3, The Stars

1. Look at Text 1. Tick (✓) the most effective title for the image in the poster.

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

A Victim's Despair

Greyed Hair, Wrinkled Hands

Hide!

[1]

2. Based on the information in Text 2, what is ironic about most cases of elder abuse?

[1]

3. According to the SFCC Shelter, what sort of attitude worsens the problem of elder abuse?

[1]

4. Read Statements A and B below. Decide whether they refer to Text 1, Text 2, both texts, or neither text.

Circle your response for each statement.

- a) Statement A: The text's primary objective is to empower the audience.

Text 1 / Text 2 / Both / Neither

- b) Statement B: The text promotes greater vigilance.

Text 1 / Text 2 / Both / Neither

[2]

USE IT! # 2

Reviews from the Art Gallery

Listening

Part 1

You will hear three different recordings. For Questions 1 - 7, tick the answer (A, B, C or D) which best corresponds to what you hear. You will hear each recording twice.



Recording 1

You will hear a phone conversation with a recent visitor to an art gallery.

1. What made it challenging for Charlotte to understand the paintings on the fourth floor?

- | | |
|--------------------------|-----------------------------|
| <input type="checkbox"/> | A her young age |
| <input type="checkbox"/> | B her visual impairment |
| <input type="checkbox"/> | C the use of abstract art |
| <input type="checkbox"/> | D the lack of accessibility |



<https://youtu.be/sample-QR-code>

[1]

2. What can Charlotte look forward to on her next visit to the gallery?

- | | | | |
|--------------------------|---|--|-----|
| <input type="checkbox"/> | A | audio guides for every display | |
| <input type="checkbox"/> | B | a huge tactile artwork | |
| <input type="checkbox"/> | C | touchable reproductions of iconic sculptures | |
| <input type="checkbox"/> | D | eased restrictions allowing more physical interaction with art | [1] |

Recording 2

You will hear two friends discussing a new mural.



<https://youtu.be/sample-QR-code>

3. The two friends agree that the mural outside Fort Gallery

- | | | | |
|--------------------------|---|---|-----|
| <input type="checkbox"/> | A | made great use of colour | |
| <input type="checkbox"/> | B | enhanced the appearance of the entrance | |
| <input type="checkbox"/> | C | was put together by a highly trained artist | |
| <input type="checkbox"/> | D | lacked originality | [1] |

4. The girl thinks the mural would have been more effective if

- | | | | |
|--------------------------|---|---|-----|
| <input type="checkbox"/> | A | it had brighter colours | |
| <input type="checkbox"/> | B | it did not feature melting ice caps and dying polar bears | |
| <input type="checkbox"/> | C | it inspired action through creativity | |
| <input type="checkbox"/> | D | it were less gloomy | [1] |

Quick Tour

The Unique Features

of

**Vocabulary
Illuminated**

33 myriad



Too numerous or diverse to be counted? Try using the word 'myriad'. 'Myriad'—meaning i _ n _ m _ r _ b _ _—describes a very large number or variety of things. m _ _ l _ _ things
myriad of _____

DISCUSS

'A *myriad* choices, not a few.' Do you

#1

125 High-Value Vocabulary Picks

1. The _____ insects on Earth greatly outnumber humankind. Just compare the 8 billion _____ in the world to the estimated 10 quintillion bugs!
2. _____ for its biodiversity, the island nation of Madagascar is home to _____ plant and animal species, i _____ fascinating creatures like the sifaka and the giraffe weevil.
3. Eating fruits and vegetables _____ (has/have/had) myriad b _____, from maintaining a healthy weight _____ improving heart health.
4. Velyn's cupcakes _____ (come/comes) in a _____ of f _____, including salted caramel, lemon lime and sweet lychee, just to name a f _____.

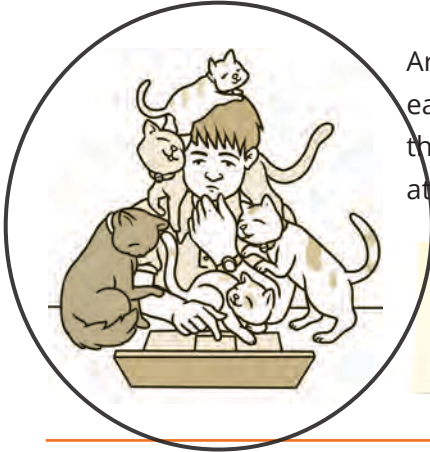
5. Despite _____
_____ (Singapore, attraction, *myriad*)

6. Once the advertisement was published on social media, _____
_____ (sale, through [pg 23], *myriad*)

7. benefits, *myriad*, including

#2

Improve Writing and Sentence Structures On The Go



Ar
ea
th
at

#3

Supportive Illustrations

'Avid' means extremely
spend hours a week on
spend their weekends

1. An _____ basketball fan, Beth can name a hundred basketball players from memory.
2. _____ the saying goes, _____ (children take after their parents, pg 30). Max Gorelick—Kenny G's eldest son—is also pursuing a c_____ in music. What surprised me was that u_____ his father, Max is an _____ metalhead!
3. Since he began a _ _ d _ _ collecting action figures in 2015, Mr Ramos _____ (amass / amasses / has amassed / had amassed) a collection of more than 2,500 figures, _____ a very rare Darth Vader toy.
4. _____ the throes of the COVID-19 pandemic, Google Search Trends revealed a 250% surge in self-care related s_____. In a bid _____ relieve stress and anxiety, consumers a_____ bought items like bath salts, yoga mats and _____-cancelling headphones.

5. As a/an _____

_____ (anticipate [pg 25], **avid**, hike/hiker)
6. Since _____
_____ (bought, avid, childhood)

#4

Encourage

Varied Sentence Structures, Boosting Writing Scores

24 break bread with (someone)



To **break bread with somebody** is to eat with them, especially with the intention of expressing friendship, goodwill and trust. After all, food has the power to break _____ barriers, and conversations tend to f_____ over meals too. If you want to know someone better, try inviting them to break bread _____ you. The idiom has its origins in the Bible, where Jesus is said to have broken his _____ into pieces and distributed them to his disciples.

1. Dear n_____, welcome to _____ Kenedy County! The people here are so few that we don't nearly have enough friends. • bringing us platefuls of shawarma, falafel and yabrak—an assortment of Syrian delicacies that gave us a t_____ of their homeland.
2. The refugees had just settled into their new homes, and our volunteers visited a few families to _____ bread with them. The women had a _____ (expected, pg 25) our arrival _____ were quick to serve up a feast, • _____ it over rice balls, kathi rolls, pad thai _____ fried spiders, the a_____ (friendly, pg 3) locals _____ always eager to share their unique culinary traditions _____ me.
3. When I _____ (travel) • We'd love to know you better. Do

#5

125 meaningful class discussions / oral practice question

DISCUSS

If you could **break bread with** someone from a different cultural and religious background, who would it be and why?

28 delectable



Which do you find more **delectable**: a chiffon cake or a bowl of mac and cheese? Something that is delectable gives great p_____ to our senses. The word is most often used to describe delicious _____—like a very delectable pie or a buffet table full of **delectables**.

DISCUSS

What is the most **delectable** food you have ever tasted?

#6

Vocabulary Application Across diverse THEMES, including Food & Culture, Family Ties, The Environment, The Arts, Artificial Intelligence, Sports, and more

1
2
3
4
5
6.

_____ (hawker centres, **delectable**)

7. Unable to _____

_____ (succumb [pg 5], **delectable**)

COLLOCATIONS

- Mum's delectable cooking
- delectable local fare
- a delectable seafood medley
- delectable Japanese snacks
- baked delectables
-
-

29 piquant / piquancy



Like your food with a little spice? Enjoy the stimulating taste of herbs? If you answered yes to both questions, you are someone who enjoys **piquant** flavours. Food that is p_____ comes with a pleasantly sharp, sour or spicy taste. **Piquancy** stimulates your taste buds and makes you feel h_____!

1. When you visit Singapore, be sure to try *bak kut teh*, a hot and p _ q _ _ _ _ broth made by simmering pork ribs with white p_____ and garlic. The locals can't get enough of it!
2. _____ a quick appetiser, toss some olives in l_____ zest and season with red pepper flakes. This _____ combination is sure to w_____ (make you hungry, pg 54).
3. A blend of smoked paprika, h_____ peppers, garlic and v _ n _ _ _ _ , this p_____ paste can be _____ (whisk) into stews, _____ (use) as a spread, or even _____ (enjoy) as a flavourful dipping sauce.
4. _____ the adults who enjoyed the salad's unusually _____ dressing, little Amin _____ (wail) and _____ (push) the plate away.
5. K_____ is a staple of Korean cuisine. It is a dish of crunchy fermented vegetables with a strong tangy taste. G_____ root and herbs are sometimes added to _____ (its/it's) piquancy.
6. green chilli, onion, lemon juice, turmeric, chana masala (chickpea curry), **piquant**

#7

Questions range from the Straightforward

DISCUSS

What sorts of culinary flavours does your family enjoy—sweet, salty, spicy, **piquant** or mild?

COLLOCATIONS

- a piquant mix of spices
- a piquant mango fish curry
- piquant flavours of the gravy
- piquant aroma of mala hotpot
- add piquancy to the meal
-
-

30 decadent / decadence



If someone has a **decadent** lifestyle, he or she seems to have poor moral standards and is _____ interested in pleasure and indulgence. Imagine a billionaire with eighteen mansions, seven girlfriends, a private jet and an alcohol addiction. Such **decadence** would appear s _ _ f _ _ to many. Perhaps this is why 'decadent' is also used to describe foods we find sinful, like an extravagant b _ f _ _ _ dinner or a very rich and sweet chocolate d _ s _ _ _ .

1. "Thank you for the birthday treat," beamed Amy. "Champagne, chocolates and _____ of cheese—I love such d _ _ _ d _ _ _ _ !"
2. I have _____ interest in so-called 'influencers' who flaunt expensive meals and outfits on _____ media. I think such _____ lifestyles are ruining our p _____ and should be criticised rather than celebrated.
3. Chocolate-coated grapes _____ (make/makes) for a decadent _____ healthy dessert.
4. For a more _____ waffle, go wild with the honey and whipped c _____ !
5. The Russian heiress was known for her _____ purchases, from luxury jewellery _____ first-class flights.
6. H _____ experienced famine in his childhood, but in America he saw as d _ c _ d _ _ _ _ in America, where _____ was common.
7. Drizzled with _____

8. guilty, **decadent**

#8
...to the
challenging,
keeping all students
meaningfully engaged

DISCUSS

How does our upbringing shape our definition of **decadence**?

COLLOCATIONS

a decadent lifestyle
a decadent chocolate cake
a rich and decadent dessert
a decadent dining experience
uneasy with the decadence

USE IT! #3

Delicious Putu Piring

Recording 1

You will hear a radio program about food.

#9

EXPERIENCE Vocabulary
through
endless ways

Listening



<https://youtu.be/jE0iDqxuUuQ>

[1]

2. W

#10

e.g. **Listening Comprehension**
(Scan to Listen)

3. In the 19th and 20th centuries, putu piring was sold

- | | |
|--------------------------|---------------------------------------|
| <input type="checkbox"/> | A on the streets |
| <input type="checkbox"/> | B in night markets |
| <input type="checkbox"/> | C on the streets and in night markets |
| <input type="checkbox"/> | D outdoors and in old malls |

[1]



Grated coconut and gula melaka make an awesome combi

I guess this experiment really (14) _____ (teach) me that making top quality food (15) _____ (require) patience, practice and lots of (16) _____.

Mum, being her usual self, tried encouraging me when she saw me getting a little

#11

Online Forums and Blog Posts

hard to
s works
multiple
always
gs with
sounds
to

the younger generation. But in any case, Mum's point (22) _____ (be) that even the best don't rest on their (23) _____—so obviously, I'd have to work even harder if I'm inexperienced!

Anyway, my little experiment got my family interested in putu piring. My Dad, who's quite an (24) _____ cook, started comparing putu piring to the Chinese version, kueh tutu, which is essentially the same thing except that it (25) _____ (use) peanut or coconut for its filling. I find it cool that the (26) _____ putu piring can (27) _____ cultures. But that's not surprising I guess. I mean, who can resist such a (28) _____ snack?

I need to go back to (29) _____ (baking/catching/hitting) the books now. But I don't rule (30) _____ (in/out/to) giving this a second shot next Sunday!

Durian

Poetry

The durian is a tropical fruit with prickly thorns on its rind. Found in Southeast Asia, the 'King of Fruits' often attracts a mixed reception. While fans adore its unique taste, haters find its smell disgusting. Read this poem to see how the fruit has captured a poet's imagination.

1

Perhaps this green spiky ball
without its chain
is the prototype of the weapon
once hurled in medieval wars.

2

The smell
the taste

3

Dedicated
have tele

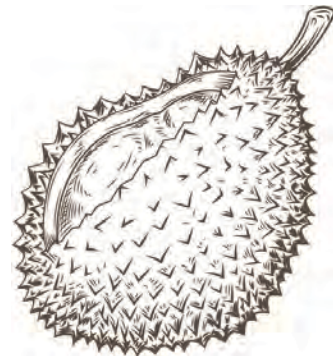
Perhaps the durian chemical
manipulates the cerebral cortex.

4

Is this why the CIA
are interested in local durian technology?

5

We should consider
that Extra-Terrestrials are among us.
Are durians narcotic fruits
from a far-off galaxy?



- An abridged version of '13 Ways of Looking at a Durian' by Chris Mooney Singh

* *prototype*: a first version of a device or vehicle from which other forms are developed

* *cerebral cortex*: the brain's outermost layer, associated with our highest mental capabilities

About the Poet

Dr Chris Mooney Singh is an Australian-born poet, playwright, teacher and musician. He is a Permanent Resident of Singapore, where he has taught creative writing since 2004. For more works by Chris, visit <https://chrismooneysingh.com/books>

Is this Mother Nature's way of compelling change? Perhaps. For decades, agricultural methods (5) _____ (has/have/had) damaged the planet—each year, billions of trees are cut down to make way (6) _____ (along/for/into) farms; irrigation systems (7) _____ (guzzle/guzzles/guzzled) huge quantities of fresh water; pesticides and
15 fertilisers seep into rivers, causing widespread environmental harm. As food systems (8) _____ (threaten/threatens/threatened) to collapse, humanity finds itself having to choose between famine or change.

MEET VERTICAL FARMING, THE NEW KID ON THE BLOCK

Consider this innovative method proposed to disrupt the (9) _____: vertical farming. Unlike traditional farms that expand outwards, vertical farms (10) _____
20 (seek/seek) is done in an enclosed space, growing much more food to be eaten where land is scarce, than traditional farms.

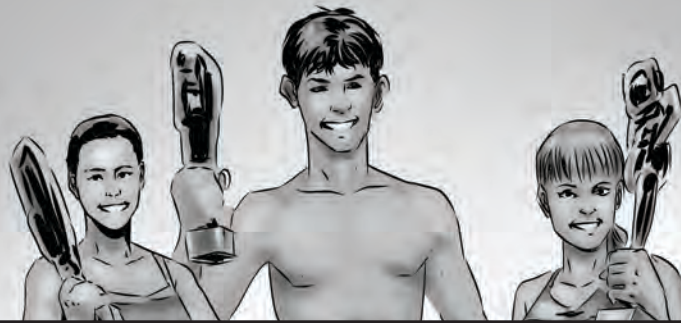
Apart from the controlled
25 environment, indoor vertical farms are at the mercy of weather conditions, indoor vertical farms manipulate the environment with (13) _____ technology. Using sensors, cameras, artificial lights and other sophisticated systems, farmers can simulate ideal growing (14) _____ (condition/conditions/conditioning), allowing crops to be cultivated in any time of the year and in
30 any part of the world.

Furthermore, vertical farms usually use hydroponics and aeroponics, which means soil (15) _____ (is/are) no longer necessary. Not only can farmers do (16) _____ (away/good) with chemical fertilisers and pesticides, but they can care for their crops through natural means. One of (17) _____ (this/these) would be aquaponics (the
35 word combines 'aquaculture' and 'hydroponics'), where waste from farmed fish is (18) _____ (recirculate/recirculating/recirculated) to supply crops with nutrients.

With regard to quality, would fruits and vegetables grown indoors taste just as (19) _____? Apparently, the answer is an encouraging yes. Unlike food imports shipped from overseas sources, crops grown locally (20) _____ (do/does/did) not
40 need to be transported long distances. When fruits and vegetables are harvested close to homes and restaurants, they can be (21) _____ (pick/picks/picked) at peak freshness and enjoyed in their most nutritious state. A popular trend in recent

#13
News Articles

Some people weren't at all surprised, because my family has a history of producing successful athletes. To some extent, (12) _____.



#14

Visuals Texts, Comics & Film

But t
me g
most



As an Olympian, life appeared to go well for me — at least on the outside. But reality wasn't quite as rosy. In fact, I struggled with a secret. Despite being one of the most esteemed athletes in the world, I had some really (14) _____ demons to fight.

I DON'T FEEL LIKE DOING ANYTHING.



ACTUALLY, I DON'T EVEN WANT TO BE ALIVE.

More than my competitors in the pool, depression and anxiety were my real foes. For two whole decades, I kept them all inside and (15) _____ in no one.

I'M NOT GOOD ENOUGH.

THIS IS SCARY.

#15

Relevant and Timely
topics including
mental health
and the environment

make
od and

YOUR
EARS!!

3. On Page 33, which **two** words tell you that Phelps never got a break from his bullies?

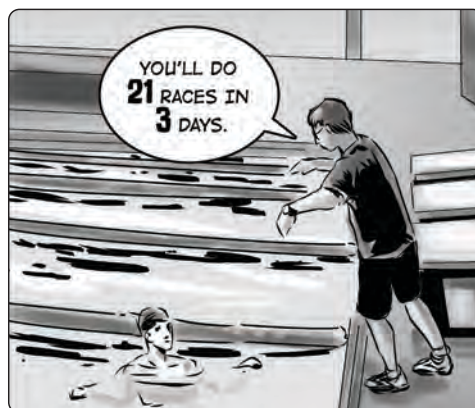
(i) _____ [1]

(ii) _____ [1]

#16
Hones
critical thinking
and examination skills

_____ [2]

6. In the last panel of Page 34, what effect do the extra large numbers achieve?



_____ [1]

4. Besides determination, what else does a climber need to survive Mount Everest? You should answer **in your own words**.

5. P is [2]
6. Id [1]

#17
Enjoy comprehension,
summary, editing,
and more

[1]

7. In line 21, what does the word 'devour' tell you about how Gordon felt in that moment?

_____ [1]

8. In line 22, what do you think the 'dangerous animal' refers to?

_____ [1]

9. Is Gordon someone who prioritises his family? Support your opinion with **two** pieces of evidence from Paragraphs 3 to 4.

(i) _____
_____ [1]

(ii) _____
_____ [1]

20 trait

21 attribute



smart

respectful

meticulous

humble

Every individual possesses qualities—or **traits** and **attributes**—that are uniquely theirs. What are your best _____? Would it be your kind heart? Your wisdom? Or your es _____ strong arms?

The word 'attributes' can also refer to the qualities of non-human things. Your favourite attribute of a bag could be its _____.

DISCUSS

Apart from these **attributes**, what other **traits** should a good doctor possess?

1. Grit is my best _____ •

2. Although Jack _____ (is/was) •
prone to violent tempers,

3. When looking for a life partner, •
be sure to look past his or her

• I never give up!

• After all, looks _____ (fade/fades),
but personality _____ (last/lasts)!

• a wide, spacious kitchen and plenty
of tranquil spaces are the key

#18

Grammar Checks

conveniently integrated into pages

(with explanations)

COLLOCATIONS

- my best traits
- my worst attributes
- essential traits of a leader
- attributes of a good teacher
- attributes of a green city
-
-



VOCABULARY ILLUMINATED

Book 1, The Sun

- "Learn it. Use it!" Approach
- Engaging and Effective
- Beautiful Illustrations
- Diverse Real-World Themes

WRITING • COMPREHENSION • ORAL
GRAMMAR • VISUALS • LISTENING

45

**INTERMEDIATE
WORDS FOR TEENS**

Contents

LEARN IT! #1

1	adolescent / adolescence	1
2	confide / confidant	2
3	amiable	3
4	vex / vexing / vexation	4
5	succumb	5
6	yield / unyielding	6
7	resolve / resolve to	7
8	surmount / insurmountable	8
9	throw in the towel	9
10	rest on (one's) laurels	10

USE IT! #1

New Life, New Goals!	Diary Entry	11
Spell It Well	Spelling	14
Blunder Hunter	Editing	16
Vocabulary Self-Study		18

LEARN IT! #2

11	commute	21
12	teem / teeming	22
13	throng	23
14	chide	24
15	reprimand	24
16	anticipate / anticipation	25
17	dread	26
18	apprehensive / apprehension	27

19	misgivings	28
20	trait	29
21	attribute	29
22	the apple never falls far from the tree	30

USE IT! #2

From Troubled Kid to Olympic Medallist	Comic Strip	31
	Comprehension	
A Tempting Invitation	Fiction	44
	Comprehension	
Paraphrasing King	Paraphrasing Skills	48
Vocabulary Self-Study		50

LEARN IT! #3

23	avid	52
24	break bread with (someone)	53
25	whet (one's) appetite	54
26	primary	55
27	secondary	55
28	delectable	56
29	piquant / piquancy	57
30	decadent / decadence	58
31	affluent / affluence	59
32	frugal / frugality	60
33	myriad	61

USE IT! #3

Delicious Putu Piring	Listening	62
Chronicles of Chase Lee	Blog Post	64
Blunder Hunter	Editing	66
Vocabulary Self-Study		68

LEARN IT! #4

34	camaraderie	70
35	exhilarating / exhilarated / exhilaration	71
36	menacing / menace	72
37	boisterous	73
38	unwind	74
39	a whale of a time	75

USE IT! #4

Happy Birthday, Friend!	E-Messaging	76
Durian	Poetry	78
Paraphrasing King	Paraphrasing Skills	82
Vocabulary Self-Study		84

LEARN IT! #5

40	merit	86
41	drawback	86
42	endeavour	87
43	chase rainbows	88
44	status quo	89
45	state of the art	90

USE IT! #5

Sowing the Seeds for a Sustainable Future	News Article Comprehension Summary	91
Blunder Hunter	Editing	99
Vocabulary Self-Study		102

VOCABULARY ILLUMINATED

Book 2, The Moon

- "Learn It, Use It!" Approach
- Engaging and Effective
- Beautiful Illustrations
- Diverse Real-World Themes

WRITING • COMPREHENSION • ORAL
GRAMMAR • VISUALS • LISTENING

40

INTERMEDIATE
WORDS FOR TEENS

Contents

LEARN IT! #1

1	proficient / proficiency	1
2	sedentary	2
3	alleviate	3
4	fatigued / fatigue	4
5	robust	5
6	adept	6
7	gratification	7
8	tenacious / tenacity	8
9	hostile / hostility	9

USE IT! #1

Podcast Interview with A Marathon Champion	Listening	10
Issues in Sports and Health	Visual Comprehension	14
Spell It Well	Spelling	18
Vocabulary Self-Study		

LEARN IT! #2

10	indelible	22
11	assiduous / assiduousness	23
12	eloquent / eloquence	24
13	adversity	25
14	emulate	26
15	part and parcel	27
16	estranged / estrangement	28
17	fall out with / falling-out	29
18	hold out an olive branch	30

USE IT! #2

Mother to Son	Poetry	31
Just a Bad Day	Short Story	36
	Comprehension	39
Blunder Hunter	Editing	42
Paraphrasing King	Paraphrasing Skills	44
Vocabulary Self-Study		

LEARN IT! #3

19	jeopardise / jeopardy	50
20	renowned / renown	51
21	inevitable	52
22	daunting / undaunted	53
23	comply / compliance	54
24	conform / conformity	55
25	preoccupied / preoccupation	56
26	compel	57
27	indifferent / indifference	58
28	attribute to	59
29	detrimental / detriment	60
30	impressionable	61

USE IT! #3

Want To Be a Teen Model But...	Online Forum	62
Blunder Hunter	Editing	65
Paraphrasing King	Paraphrasing Skills	68
Vocabulary Self-Study		

LEARN IT! # 4

31	ramifications	73
32	futile / futility	74
33	impetuous / impetuosity	75
34	paramount	76
35	curtail	77
36	catastrophe / catastrophic	78
37	enervating / enervated	79
38	relent / relentless / unrelenting	80
39	commend / commendable	81
40	laud / laudable	81

USE IT! # 4

An Invisible Crisis: Oceanic Noise Pollution	News Article	82
	Comprehension	87
	Summary	89
Blunder Hunter	Editing	91
Vocabulary Self-Study		

2 sedentary



Move your body often? If you don't, you likely lead a **sedentary** lifestyle. People who are _____ spend most of their time sitting. The lack of physical _____ makes a sedentary lifestyle an unhealthy one.

The term 'sedentary' can also describe societies (like ours!) that generally live in one fixed area. This is in contrast to m_____ or n_____ tribes that are always on the move, hunting or foraging for _____.

1. "The _____ never falls _____ (Children take after their parents, *B1*)," said Shaun.
 2. As a result _____ his knee injury, Hadi had to give _____ his dream of becoming a tour guide
 3. Being a _____ potato can kill!
 4. In the past, humans used to be nomadic. They m_____ from place to place as hunter-gatherers for survival.
 5. Ever since _____ (work from home, **sedentary**)
 6. According to medical _____ (primary [*B1*], backache, **sedentary**)
- Studies have shown that sedentary lifestyles _____ (increase/increases/increased) our risk of heart disease _____ cancer.
 - "Parents shouldn't expect their children to take _____ (in/to/over) regular exercise if they themselves lead _____ lifestyles."
 - _____ and settle _____ a more sedentary o_____ instead.
 - It was only around 12,000 years ago when a _____ practices were first developed that _____ societies became possible.

DISCUSS

How can we combat a **sedentary** lifestyle?

COLLOCATIONS

- don't be too sedentary
- a sedentary occupation
- lead a sedentary lifestyle
- enjoy sedentary pursuits
-
-
-

3 alleviate



To **alleviate** something is to make it less painful or severe. If you have a migraine, you might take some medicine to alleviate—or relieve—the p____. If there are multiple f_____ in a city, the authorities might have to step up drainage works to alleviate—or e_____—the situation. What can we do to alleviate a friend’s worries?

DISCUSS

How can schools **alleviate** the stress faced by students?

1. “Thanks!” exclaimed Grandma as she left the clinic. “These physio sessions _____ (has/ have/had) done miracles to _____ my back pain.”
2. _____ there is no cure for heart failure, access to treatment can help _____ its symptoms and prevent further damage.
3. To alleviate the severe p_____ experienced by women ____ labour, epidurals are often _____ (administer).
4. Apart from improving eye health, exercising outdoors _____ (help/helps) to _____ stress _____ anxiety too.
5. Even though I had already _____ (write) him an apology, nothing seemed able to _____ my g_____.
6. The burden of _____ global poverty is ours to bear. The a_____ (the rich, B1) have a moral obligation to help the poor!
7. Considering _____
_____ (commute [B1], congestion, **alleviate**)
8. Instead of _____
_____ (complain, **alleviate**)

COLLOCATIONS

- alleviate boredom
- alleviate her anxiety
- alleviate a teacher’s workload
- alleviate world hunger
-
-
-

Vocabulary Illuminated: Book 2, The Moon

7. What emotion is expressed through the word 'honey' (line 18)?

8. In lines 18 and 19, what does the repetition of 'still' emphasise?

9. What do expressions like "I'se" and "kinder hard" suggest about the speaker?

10. In no more than two sentences, summarise the mother's message to her son. You may use words like 'tenacious', 'adversity' and 'surmount', which you have learnt from *Vocabulary Illuminated*.

Blunder Hunter

Editing

Carefully read the text below which consists of 12 lines. The first and last lines are correct, but 8 of the other 10 lines contain one grammatical error each.

If there is no error in that line, put a tick (✓) in the space provided.
If you spot an error, circle it and write the correct word in the space provided.

E.g. There are so much litter on the beach. is
My sister enjoys detective novels. ✓



Understanding Bullying Behaviour

Bullies are everywhere. All of us know someone who is or who used to be a bully. But what caused people to engage in bullying behaviour? 1 _____

According to psychologists, the reasons to bullying can range from poor anger management and loneliness to insecurity and a low self esteem. 2 _____

Bullies pick up others because they want to feel stronger. Sometimes, it is because they have family trouble. Other times, they are motivated by jealousy and take their frustrations out on their victims. Life with a deep sense of insecurity, bullies cannot bear seeing others most successful or popular. But regardless of why they bully, what is certain is that bullies suffer too. Their cruel words and actions causes their victims indelible hurt. People fear and hate them, with the result that bullies have little friends at the end of the day. Also, who would respect a bully? 3 _____

4 _____

5 _____

6 _____

7 _____

8 _____

9 _____

10 _____